



denova
collaborative
health

February 1, 2026

2025 Year in Review

Denova Collaborative Health's company results from
January to December 2025

www.denova.com
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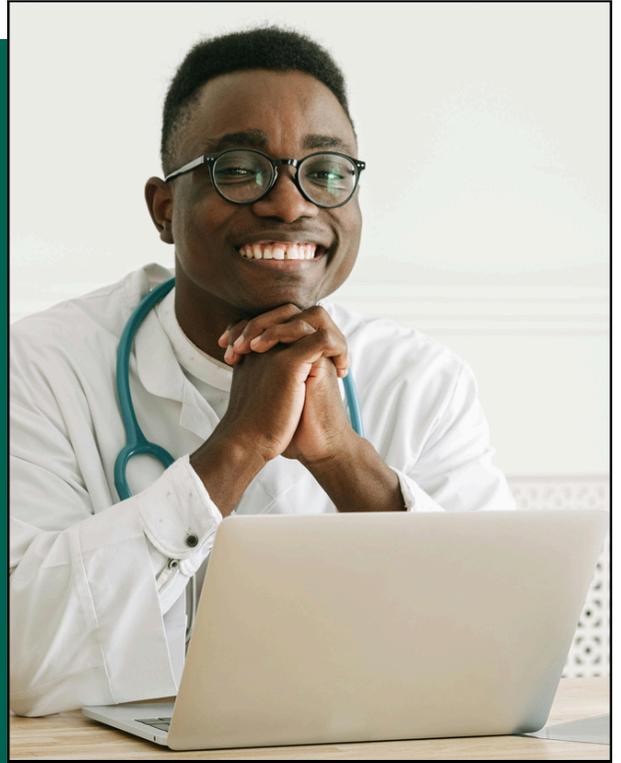


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Message from our CEO

GRAHAM JOHNSON



As we look back on 2025, I am deeply grateful for the trust our patients and partners place in Denova. This past year was difficult for many healthcare organizations across Arizona. At Denova, we overcame them by staying focused on what matters most:

delivering accessible, compassionate, and high-quality care. Because of the dedication of our care teams and the strength of our partnerships, Denova continued to serve our communities reliably and thoughtfully, even in a complex and evolving environment.

At Denova, we believe healthcare works best when people are seen as whole individuals and when providers work together in service of that person. Our integrated model brings therapy, psychiatry, and primary care together so patients can receive coordinated support for both mind and body. We also value strong collaboration beyond our walls. We are proud to partner with referring providers and community organizations to support continuity of care and ensure patients receive the services they need, when they need them. This commitment is especially important in the Medicaid community and among individuals who have historically faced barriers to care.

Our mission remains clear: to help make access to healthcare a right for everyone. As we look toward 2026, we are hopeful and energized by what lies ahead. We plan to thoughtfully expand our reach, deepen our partnerships, and continue investing in the systems and people that allow us to serve more Arizonans with excellence. Growth for Denova is not just about adding locations or services, but about extending our ability to support patients and strengthen the healthcare ecosystem across the state. Thank you for being part of this shared work. We are honored to care for our patients and to collaborate with partners who share our commitment to better health for all.

Graham Johnson
Chief Executive Officer



Denova at a Glance

Denova Collaborative Health is an Arizona-based healthcare organization with more than 40 years of experience serving individuals, families, and communities across the state. We provide integrated primary care, therapy, and psychiatry through a collaborative care model designed to treat the whole person. By bringing physical and behavioral health together, our care teams work across disciplines to ensure patients receive coordinated, thoughtful care that reflects their full health needs, not just a single diagnosis. With seven in-person clinics across the Valley and virtual care available statewide, Denova meets patients where they are, offering timely access and continuity of care.

What sets Denova apart is our commitment to accessibility, collaboration, and community partnership. We accept most insurance plans, including commercial insurance and Medicaid, and are deeply focused on reducing barriers to care for individuals who have historically faced limited access to healthcare services. Our model supports both patients and referring providers by making it easier to connect people to the right level of care and maintain continuity across services. As we continue to grow, including opening new clinics in Flagstaff, Peoria, and Yuma in 2026, our mission remains the same: to expand access to high-quality, compassionate healthcare and to strengthen the health of communities across Arizona.

What Makes Denova Unique?

Integrated Care: Patient Example

1. Patient comes to Denova for difficulty breathing

They start with a primary care provider because it seems to be a physical issue.



2. Primary Care Provider Exam

Primary Care runs test and rules out main physical issues. Identifies that patient has history of anxiety and refers to a Denova therapist

3. Denova Therapist Meets with Patient

Denova Therapist creates treatment plan to start working with new patient and identifies that medication may help this patient with anxiety symptoms and refers to a Denova Psychiatric provider



4. Denova Psychiatric Provider meets with patient

Psychiatrist works with patient to find the best medication fit for their diagnosis.



5. Patient No longer needs to visit ER regularly

Integrated systems like Denova help patients see providers faster, limit ER visits, live a healthier life with preventive care and save money.

Therapy at Denova

Denova's therapy practices focus on mental and emotional well-being through a range of evidence-based counseling services designed to support individuals, families, and groups. Licensed therapists provide individual, family, child, couples, and group therapy to help patients build coping strategies and improve quality of life around issues such as anxiety, depression, trauma, grief, and other behavioral health concerns. Therapists work in close collaboration with Denova's broader clinical teams, including psychiatry and primary care providers, to ensure that each person's emotional health is treated in the context of their overall care plan.



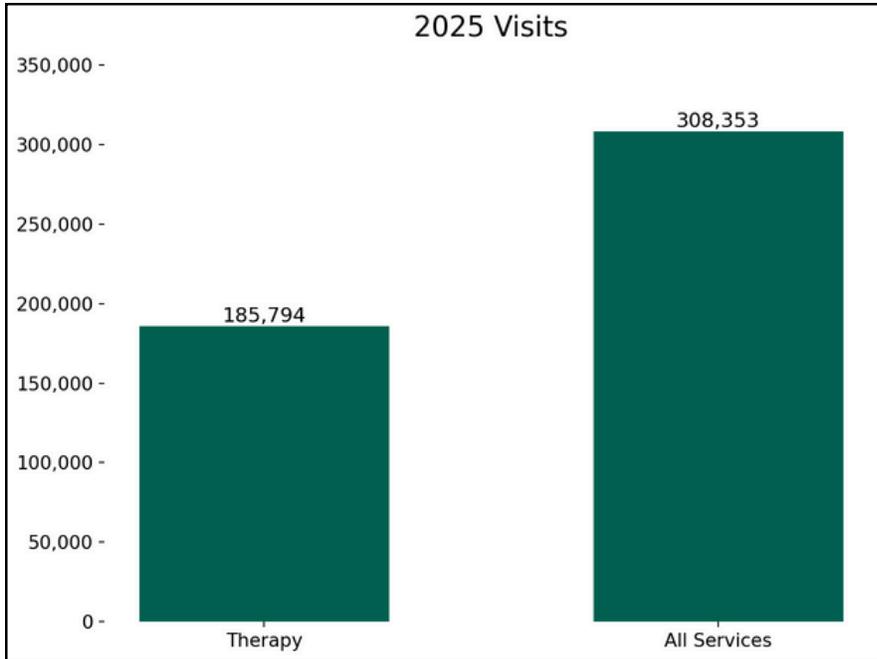
Denova's Behavioral Health team scored a 97% on the 2025 Medicaid (AHCCCS) audit

Therapies and Modalities

- Acceptance & Commitment Therapy (ACT)
- Accelerated Behavioral Therapy (ART)
- Body Image Issues
- Cognitive Behavioral Therapy (CBT)
- Christian Counseling
- Dialectical Behavior Therapy (DBT)
- Domestic Violence Therapy
- Emotionally Focused Therapy (EFT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Gender Affirming Care
- Gottman Method
- Grief/Loss Therapy
- Internal Family Systems (IFS)
- Play Therapy
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

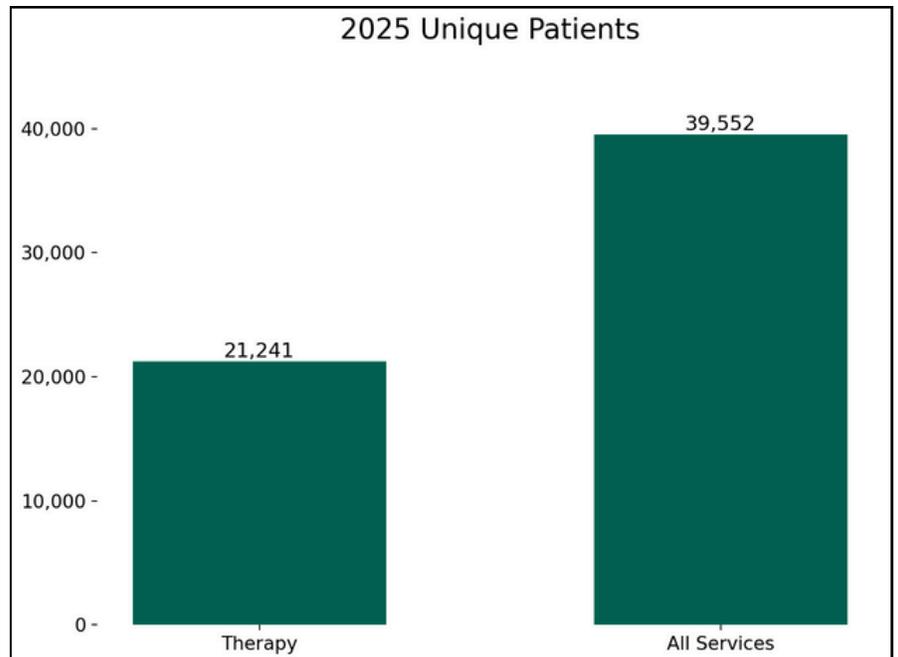
Therapy Recap

Therapy services continued to be a cornerstone of care in 2025, representing a significant share of both total visits and patients served across Denova. This volume reflects strong demand for accessible, evidence-based mental health support and the trust patients and referral partners place in our clinical teams. Through timely access, coordinated care, and close collaboration with medical and psychiatric providers, therapy remained a critical driver of whole-person outcomes in 2025.



“
Therapy accounts for 60.3% of all Denova visits
”

“
53.7% of Denova patients are receiving therapy services
”



Psychiatry

Denova's psychiatry team provides comprehensive mental health evaluations, diagnosis, and personalized medication management. Our psychiatric providers treat a wide range of conditions, including mood disorders, anxiety disorders, PTSD, bipolar disorder, and co-occurring challenges, always with an integrated approach that considers both mental and physical health.



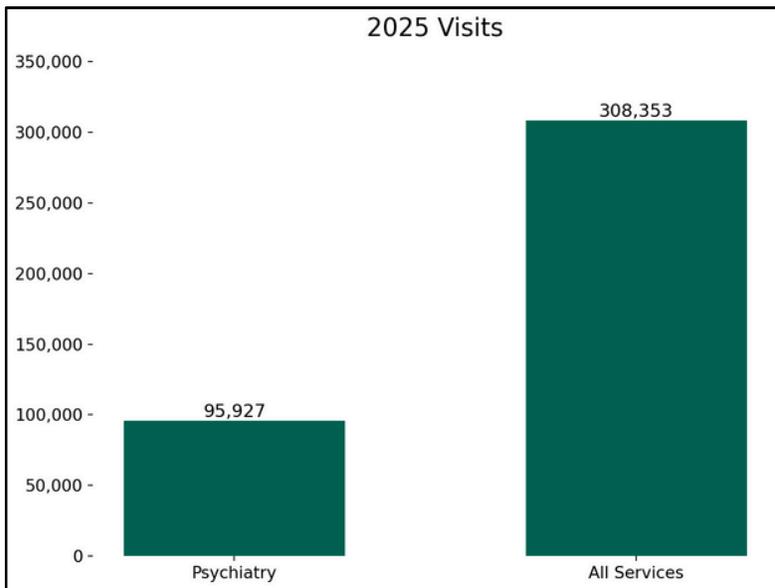
Medication-Assisted Treatment (MAT) is also offered for individuals navigating substance use disorders, combining medication support with therapeutic care.

Across in-person and virtual settings, Denova's psychiatry model is built around collaboration with therapists and primary care clinicians for holistic patient outcomes.



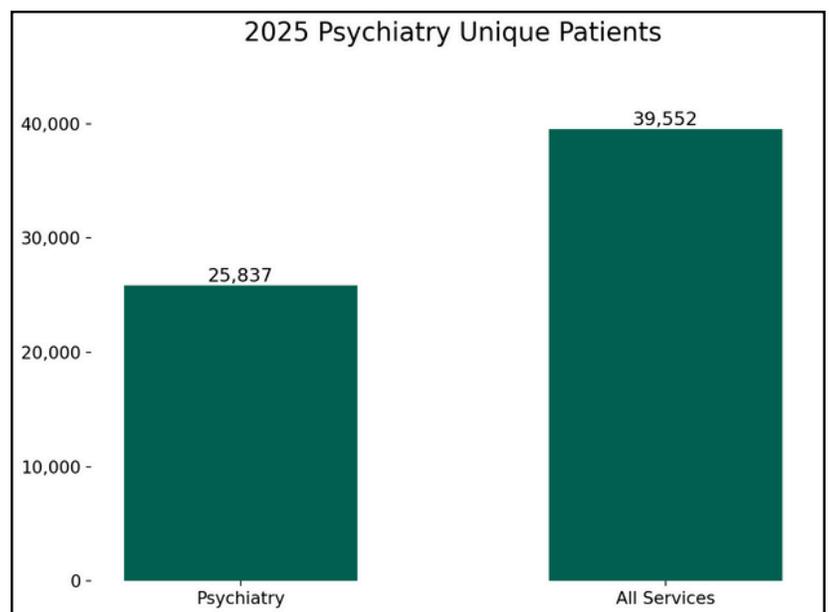
Psychiatry Recap

In 2025, Denova’s psychiatry team strengthened access to collaborative, medication-supported mental health care across Arizona, with 59 providers delivering nearly 96,000 visits to more than 25,000 unique patients. This reflects both broad reach and consistent continuity of care, with follow-up driven by clinical need and integrated treatment planning. Psychiatry worked in close partnership with therapy and primary care teams to keep care aligned and easy to navigate for patients and referral partners. The team also prepared for future needs by developing a new Autism Spectrum Disorder program launching in 2026, expanding specialized evaluation and treatment options.



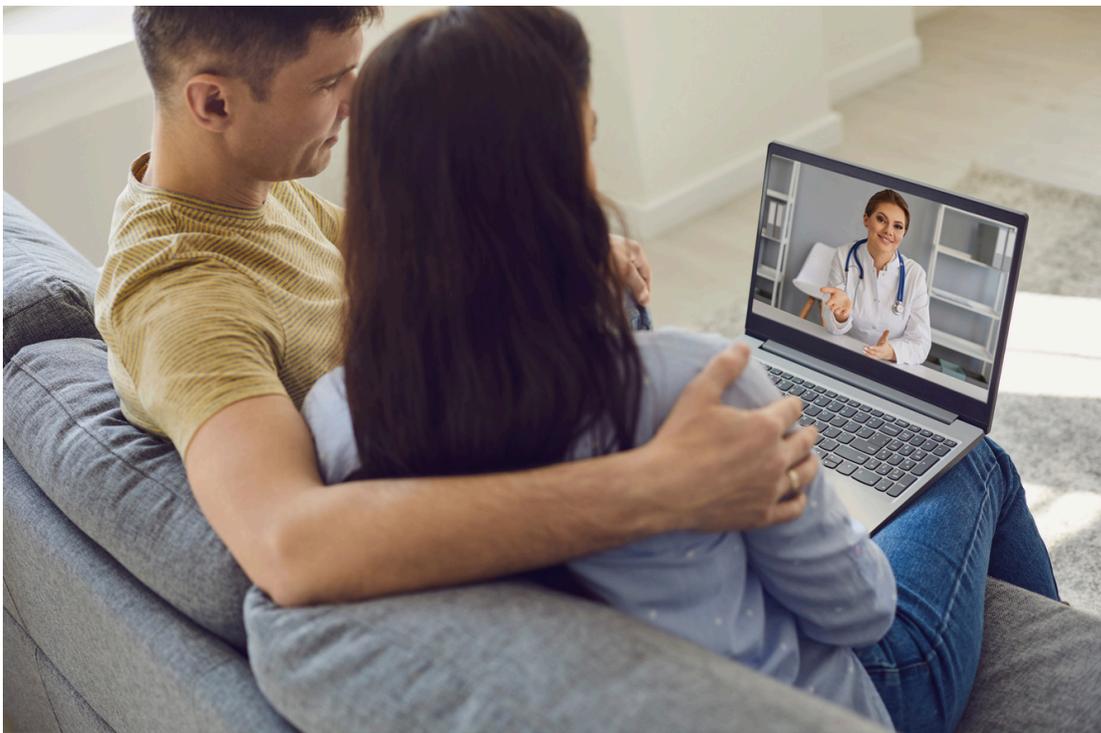
“ Psychiatry accounts for 31.1% of all Denova visits ”

“ 65.3% of Denova patients are receiving psychiatry services ”



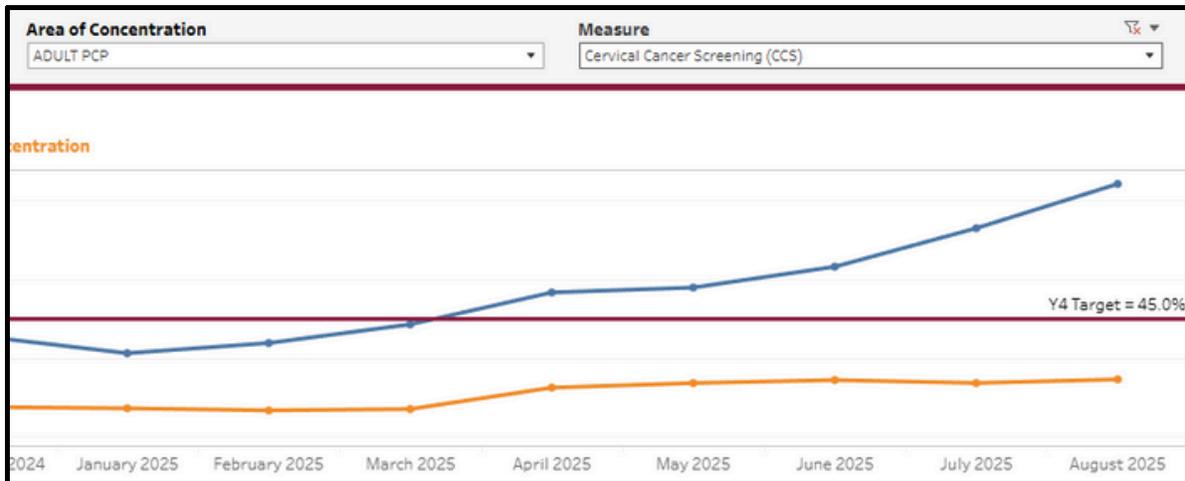
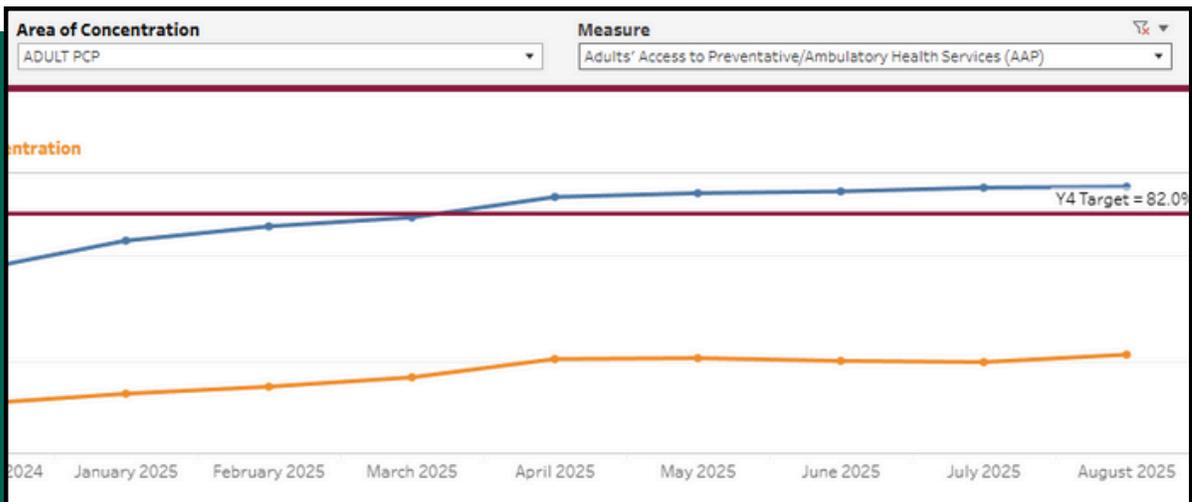
Primary Care at Denova

Denova’s primary care providers serve patients of all ages with “whole-person” medical services that promote physical health while supporting emotional and behavioral wellness. Primary care providers offer preventive care, annual wellness exams, disease management (such as for diabetes or hypertension), immunizations, same-day/next-day urgent visits, and lifestyle-focused care planning for patients of all ages. These clinicians partner closely with therapy and psychiatry teams so that medical care is coordinated, personalized, and aligned with each patient’s broader health goals.



Primary Care Recap

Denova's commitment to whole-person care is reflected not only in how primary care is delivered, but in the outcomes it produces, particularly for Medicaid populations. By prioritizing access, continuity, and preventive engagement, Denova's primary care teams are reaching patients who often face barriers to routine medical services. In 2025, Denova outperformed other Medicaid providers across Arizona in key preventive measures, delivering cervical cancer screenings at rates five percent higher and preventive ambulatory health services at rates eight percent higher. These results underscore how an integrated, patient-centered approach translates into earlier detection, stronger preventive care, and healthier long-term outcomes for the communities we serve.



Case Management

Supporting our Patients with Wraparound Care

Denova's case management services provide practical, personalized support that helps patients overcome real-life barriers that can affect their health and stability. Case managers work closely with individuals to address needs such as housing, food access, transportation, and other social factors that influence care outcomes, coordinating resources and community connections alongside clinical treatment. Because case management is integrated with Denova's therapy, psychiatry, and primary care teams, support plans stay aligned and actionable rather than fragmented.

26% Reduction
Social Determinants of Health
Severity Risk Score
among case management patients
within 3 months



Virtual Care/Technology

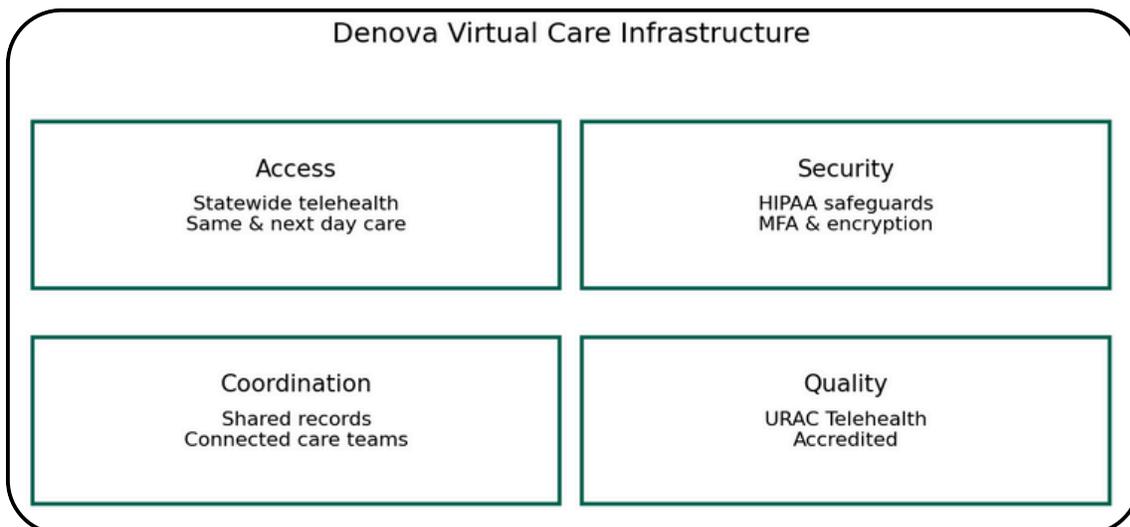
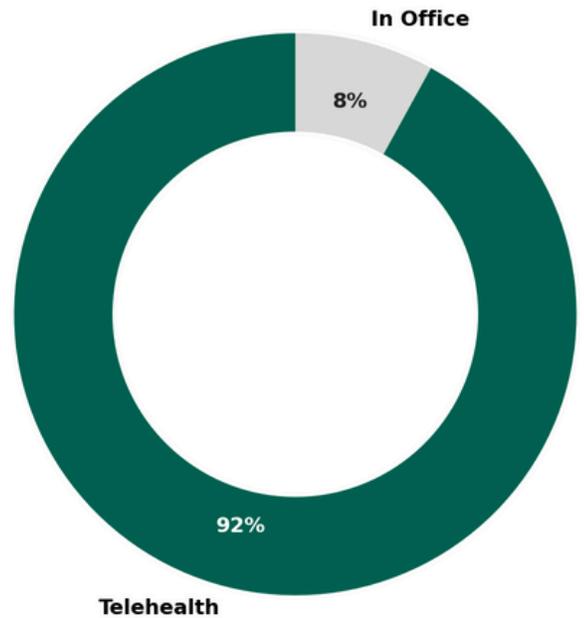
Leading the way in telehealth excellence



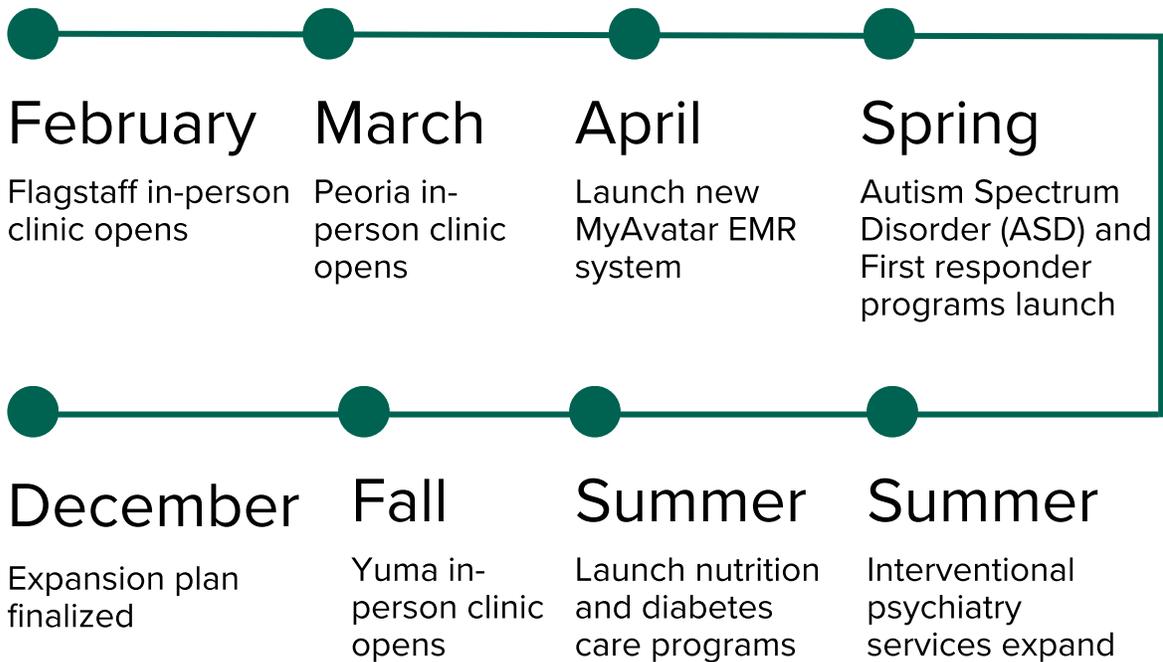
In 2025, Denova’s care delivery model remained strongly anchored in telehealth, with virtual services playing a central role across all service lines. Therapy and psychiatry visits were delivered predominantly through telehealth, while primary care followed a more balanced hybrid pattern at 52% telehealth and 48% in office, based on clinical need. Overall, 92% of all patient visits were conducted virtually, expanding access while preserving continuity and appropriate in-person care when needed.

This level of reliable virtual delivery is made possible through close collaboration between our clinical and IT teams and sustained investment in secure, modern infrastructure, including our URAC Telehealth Accreditation and upcoming myAvatar EHR platform launching in April 2026. Together, these capabilities strengthen care coordination, protect patient information, and create a more connected, user-friendly experience for patients, providers, and referral partners.

All Services Telehealth vs In Office 2025



Timeline for 2026 Growth



In 2026, Denova is entering a focused season of growth and innovation as we expand access, specialty services, and geographic reach. New in-person clinics will open in Flagstaff in February, Peoria in March, and Yuma in the fall, increasing local access to integrated primary care, therapy, and psychiatry. We are also launching several new specialty programs, including an Autism Spectrum Disorder program, first responder-focused treatment tracks in both psychiatry and therapy, and interventional psychiatry services in select clinics.

Guided by our CAIR values of compassion, adaptability, innovation, and reliability, we are intentionally leaning into adaptable and innovative care models as healthcare needs and delivery strategies continue to evolve. In parallel, we are developing a structured expansion plan, with a timeline and action roadmap targeted for completion by the end of 2026.

Questions?
Contact us.



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